



The Mindsight Path

Discover How to Awaken Your Natural Ability to Perceive
Beyond Your Physical Eyes

By Dalia Burgoin, Mindsight Guide

Welcome to *The Mindsight Path*

Hi there,

I appreciate your enthusiasm to learn more about Extraocular Vision (EOV), also known as Mindsight.

Mindsight is a natural human ability— a way of perceiving that most of us were never taught about or even believe is possible. This innate skill can be awakened and strengthened, and has the power to transform how you experience reality and yourself.

In this guide, I'll share what Mindsight is, where it comes from, and a simple practice you can try right away. You'll also get an invitation to continue exploring with me if you feel called to go deeper.

However you begin, remember this: you already have Mindsight.

The tools I share are only here to help you notice it, nurture it, and let it unfold.





My Story

From the time I was young, I was surrounded by the world of spirit, energy, and consciousness. It felt natural to step into healing work, and for many years I served as a curandera, helping people mend body, heart, and soul. Still, I could never have predicted how far that calling would lead me, or the work I'd be doing today.

When my daughter was born — autistic, and profoundly telepathic — my understanding of perception opened in ways I never would've imagined.

I began exploring how to interact with the world beyond our normal senses. Those explorations led me to developing my own Mindsight.

What started as personal explorations has since grown into a body of work that I now share with thousands of people around the world. With these tools, both blind and sighted people have learned to see and read without their eyes. Many have also discovered stronger intuition, a new profound outlook on life, and additional psi abilities along the way.

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What is Mindsight?

Mindsight is Extraocular Vision, a natural sense we are all born with.

It's our innate ability to see without using the eyes.

With practice, your intuition becomes undeniable— so natural, you trust it as much as sight or sound.

The 3 Principles of Mindsight



1. Developing Extra Sensory Ability

Your mind and body are always getting information through your five senses. Mindsight begins when you tune in more to those senses. Then you'll notice that others you didn't even know you had, will awaken.

2. Practice Makes Your Perception More Efficient

As with any new skill, the more you practice Mindsight, the clearer and more natural it becomes. Each step makes it easier to trust what you're receiving. The goal is to get to a point where not only can you see, but you also can't get it wrong.



3. Growth is Fastest with Others

Mindsight grows faster in a group setting — in a supportive space where you're not worried about “performing,” only about progressing. Progress is the goal, and a positive environment makes that growth so much easier. Practicing with partners helps you learn from each other, encourage each other, and even playfully “trick” each other into unlocking new abilities you didn't know you had.



A Simple Mindsight Practice

Here's an easy way to start exploring Mindsight with a partner:

Sit together somewhere quiet. Close your eyes, take a deep breath, and relax.

Have your partner place two different-colored pieces of paper in front of you.

With your eyes still closed, touch each paper slowly. Don't worry about the colors — just notice how they feel. Describe the physical difference between them in your own words. Use touch words such as smooth, rough, light, thick, or soft.

After you've described them, your partner will shuffle them, and hand them back. Do this process 4 or 5 times.

Your partner doesn't tell you if you're "right" or "wrong." Their job is just to watch until you are consistently describing the same texture for the same color.

Afterwards, they can share which color you were matching all along. Switch and let your partner try.

The goal isn't to "guess" the color; it's to build sensitivity, consistency, and confidence. Over time, this strengthens awareness of subtle differences, which is the first step toward opening Mindsight.

What Mindsight Makes Possible



Mindsight opens the door to experiencing life in ways that feel magical yet natural at the same time.

For sighted people, it reawakens the inner child — that curious, playful part of you that loves to explore. It also makes intuition effortless; where things like sensing across a room, become easy and effortless.

For blind people, Mindsight can be life-changing. It offers a new way to experience colors, shapes, depth, and even reading — bringing independence, joy, and a whole new sense of freedom.

At its heart, Mindsight reminds us that we are much more than we've been taught. It shows that human perception goes far beyond the five senses — and that every one of us already has these incredible abilities waiting to be awakened.

Your Next Step

This guide is just the beginning.

If you feel called to go deeper, I invite you to Explore Mindsight Training with me.

You'll find details on upcoming seminars and programs, and how to apply to study with me here:

Explore Mindsight Training

With Gratitude,

Dalia Burgoin